

Integrative Medical Center of New Mexico

Controlled Medicine Agreement

Controlled medicines include narcotics (ex. Hydrocodone, Tramadol, Codeine), sedatives (ex. Ativan, Xanax) and stimulants (ex. Adderal). Controlled medicines can help you, but they can also hurt you. In accordance with New Mexico regulations and standards of care, patients must review and sign this agreement before receiving controlled medications, and **it must be renewed annually** as a condition of continued prescribing. This agreement explains how to use these medications and some of the dangers.

Patient Name: _____ **Date:** _____

The name(s) of my Controlled Medicine(s) is (are): _____

I use Controlled Medicine(s) for: _____

I agree to **only** get my Controlled Medicine(s) **at this pharmacy:**

Pharmacy Name: _____ **Phone:** _____

Address: _____

- Using Controlled Medicines incorrectly can be dangerous or even life threatening. If I take Controlled Medicines with alcohol or other medicines, I could get sick or possibly die.
- They could make me sleepy. I could be unable to drive a car or use machinery.
- I could have trouble breathing.
- I could have trouble moving my bowels or urinating.
- I could have allergic reactions to the Controlled Medicines.
- Controlled Medicines could cause side effects like confusion, nausea, vomiting.
- Controlled Medicines could harm my unborn baby.
- I could have physical dependence with continued use; withdrawal symptoms if medication is stopped suddenly, and cravings or misuse leading to addiction.

Things I will do when I am taking Controlled Medicines:

- Follow my treatment plan and ask my doctor questions regarding Controlled Medicines.
- Follow clinic rules for refilling my Controlled Medicines.
- Keep my clinic appointments and reschedule if I miss one.
- If someone steals my Controlled Medicines, I'll file a police report to provide to my doctor for a new Rx.
- Keep Controlled Medicines away from children.
- Tell my doctor before starting any new prescription or OTC medicines.
- Comply with random urine or other toxicology testing.
- Understand my provider will review the New Mexico Prescription Monitoring Program (PMP).

Things I will not do when taking Controlled Medicines:

- Take illegal drugs or drink alcohol.
- Get Controlled Medicines from other doctors except in a true emergency.
- Give or sell my Controlled Medicines to other people.
- Change the dose of my Controlled Medicines on my own.

Things that my doctor will do to help me with these things:

- Make a treatment plan with me that may include tests, specialists, procedures, counseling, or physical therapy.
- Have regular office visits and adjust, stop, or change my medicine as needed.
- Order random urine drug tests.
- Stop Controlled Medicines if illegal drugs are present or medicines are not taken as prescribed.

If I do not follow this agreement:

- My doctor may stop prescribing Controlled Medicines for me.
- The clinic may refuse to prescribe Controlled Medicines for me in the future.

I read this agreement and my doctor answered my questions. This agreement will be in my medical record. Clinicians caring for me can read it. I understand that lost, stolen, damaged, or destroyed Controlled Medicines will generally not be replaced. Any doctor at IMC can prescribe my medicine if my regular doctor is gone. I will give my doctor at least 5 business days' notice for any changes or refills.

Patient Signature: _____ Date: _____

Provider Signature: _____ Date: _____