



Integrative Medical Center of New Mexico, PC

Burton M. Berkson, MD, PhD

Arthur J. Berkson, MD

Notice to Patients

It is our policy that in order to refill any prescriptions, patients will need to have had a doctor visit with our physicians and/or blood work within a length of time deemed suitable by the doctor. He will determine this based on their condition, changes in medication, changes in their health, and other factors that may impact whether the patient should have a refill of the prescription.

Please initial in each spot below that you have read and understand the following:

____ Controlled medication refills (i.e. Xanax, Valium) typically require a doctor visit.

____ Thyroid medication refills require lab work at intervals determined by the physician. This can be anywhere from six weeks to one year, depending on the patient's lab work, medication changes, etc.

____ Low Dose Naltrexone refills typically require lab work every 3 months and follow-up doctor visits.

____ Any IV vitamin/antioxidant therapy will require regular lab tests per doctor discretion.

Also, please note the following:

____ The FDA does not review or approve supplements or compounded medications for safety and effectiveness. Therefore, many of our recommendations, including oral and IV supplements and compounded medications, are not FDA-approved for the treatment or prevention of any illness.

____ If you are not seen as a patient for three years or more, it will constitute dissolution of the doctor/patient relationship and your return to the practice will be as a new patient.

If you have any questions regarding the above, please address them to our lead nurse, Linda Staley. Or, feel free to discuss them with Dr. Burt or Arthur Berkson during your visit.

I have read and understand the above. _____
Print Name Signature